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PAGES 11 & 12

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NUMBER RETIRED FOR FINNISH FLASH

Former Winnipeg Jets and Anaheim Ducks star Teemu Selanne stands on the ice as the Ducks retire his number in a ceremony at the Honda Centre Sunday evening. Dozens of Jets fans flew south from Winnipeg to California to pay their respects to the beloved player. STEPHEN DUNN/GETTY IMAGES

Fighting flu with Google

Google Flu Trends.
Province using online tool to prevent flu from going viral

Hot spot

Manitoba's flu-search activity is currently the highest of any province in Canada, according to Google Flu Trends.

Facing one of the highest flu rates in the country, Manitoba has turned to Google for help.

The province is using Google Flu Trends to help track the spread of the illness. The website analyzes online searches for flu-related terms and can give an early warning to health-care providers about when and where an outbreak might occur.

Google's flu forecasts have been accurate so far, according to Carla Ens, the province's director of epidemiology and surveillance.

"It trends in a very similar way to what we see through lab tests and phone calls to the Health Links information line," she explained. "In research we call this process triangulating. We look at multiple sources of data to give us a better picture of the entire situation."

Ens said the province uses all that information to help plan its medical response for the flu season.

The Google service is part of a growing number of virtual tools being used to fight real-life viruses. Websites like HealthMap.org and Sickweather.com predict flu activity by searching social-media posts, and InfluenzaNet and Flu Near You apps collect illness reports directly from users.

Ens said the big advantage of online flu-trackers is they provide researchers with another source of data at a minimal cost.

"You don't have to do anything to get that information in your system; you just have to analyze it," she said. "So we want people to search because it gives us the data we're looking for." COLIN FAST/FOR METRO

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NEWS 1

'Next generation'

Police look at 911 texting service

Texting can already be used to pay for parking or vote in reality-show competitions, and now the Winnipeg Police Service is exploring how to make it an option for contacting 911.

As part of the move to its new headquarters, the police service is upgrading to "next generation" 911 technology.

"Texting is definitely on the horizon," said Insp. Kendra Rey, who explained that processing a text would take longer than a voice call but could be useful for deaf people or for those who can't safely speak on the phone during an emergency. METRO

Double-trouble attack

Couple charged in home invasion

A man and woman are facing charges after they allegedly forced their way into a Silver Heights home early Saturday to beat another couple over what police are calling relationship issues.

The victims were at a home in the 300 block of Olive Street around 2:15 a.m. when the assailants showed up. Police say the suspects assaulted and threatened the pair before fleeing in a vehicle. The victims were not seriously injured.

Kayla Josephine Bernard, 22, is charged with forcible entry, two counts of assault, two counts of assaulting a police officer and two counts of uttering threats. A 21-year-old man is also charged with forcible entry, assault and uttering threats. METRO

Deputy Chief Art Stannard said he was disturbed by a councillor's comments on the police budget. COLIN FAST/FOR METRO

Police fire back at criticism of budget

'Disrespectful.' Deputy chief says councillor has caused panic by proposing layoffs

COLIN FAST
winnipeg@metronews.ca

Winnipeg police are taking aim at Coun. Marty Morantz over his criticism of police budgeting.

At Thursday's finance committee meeting, Morantz grilled Deputy Chief Art Stannard about rising policing costs and asked if the city has too many officers.

Stannard told the police board on Friday he found Morantz's line of questioning to be "disrespectful."

"Yesterday, I think, was a very disturbing day for the police service and for the public," he said. "We're not a service that's out of control. We're not a service that's not caring about money."

Stannard particularly objected to Morantz's question about whether there are excess officers "hanging around" and his suggestion to offer incentives for longtime officers to leave the force.

Defence

"Every other department that was asked was fine with that process."
Coun. Marty Morantz

"Those kind of remarks ... caused fear in the community," he said. "I've had people come up to me and say, 'Are you laying off cops?' We still have a lot of work to do. This isn't the time to lay off police officers."

Several police board members praised Stannard for his handling of the situation, and member Angelina Ramkissoon called Morantz's questions "embarrassing."

For his part, Morantz said he was just doing his job, asking questions on behalf of taxpayers.

"All I'm really asking is for every department to look and see if there's something they can do in terms of efficiencies or savings," he said. "Every other department that was asked was fine with that process."

The two sides don't have long to iron out their differences. Morantz indicated the draft budget must be finished by the end of January.

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HUDSON'S BAY

Politics. Pallister says he has 'evolved' on gay rights

Manitoba Opposition Leader Brian Pallister once called same-sex marriage a "social experiment" and, with the recent nomination of an anti-abortion candidate, is facing accusations from the governing NDP of being anti-gay and anti-women.

But in an interview last week, the Tory leader flatly rejected the assertions and said he supports abortion rights and same-sex marriage — his position on the latter having changed.

"Times have changed. Positions have evolved," Pallister said. "The decision that was made by the House of Commons (on the definition of marriage) is the decision. And I accept that decision."

Pallister has come under increasing attack from some of the candidates running for the NDP leadership.

Pallister said Thursday there were politicians from all parties who opposed same-sex marriage at the time. He also pointed to media reports from 1987 involving former Manitoba NDP premier and governor general Ed Schreyer — then Canada's high commissioner to Australia — who called homosexuality "an affliction."

So has Pallister's personal position evolved?

"Over time, sure it has. And, I mean, the fact is the decision's been made. The fact is what we all want to see is loving relationships supporting — when desired — children, and we want to see strong families."

Pallister said if he were premier, he would not attempt to impose any restrictions on abortion or same-sex marriage rights.

THE CANADIAN PRESS

Quoted

The fact is what we all want to see is loving relationships ... and we want to see strong families."

Manitoba Opposition Leader Brian Pallister

NDP. Membership is up ahead of leadership vote

Manitoba's governing New Democrats say the race for the party leadership has driven up membership numbers.

The party says there are 12,238 people signed up to be eligible for delegate selection for the March 8 vote during the NDP's annual convention.

That's an increase of more than 5,500 from November, before the leadership race was called.

But it's below the 14,000 total for the last race in 2009.

Theresa Oswald has said her camp has brought in about 1,000 new members, while Steve Ashton says his team signed up 600 people in Thompson alone.

Premier Greg Selinger, who is running to keep his job, called for the leadership vote after a caucus revolt late last year.

The party now has to determine how many members are in each of the province's 57 constituencies and assign each constituency a corresponding numbers of delegates.

The three candidates — Oswald, Selinger and Ashton — will then try to have delegates who support them elected at constituency meetings scheduled for February.

Ashton predicts a close leadership race, with a second ballot needed to determine a winner.

THE CANADIAN PRESS

Minimal damage

ACCESS centre set to open after flood

The ACCESS Downtown health centre closed by flooding last week will reopen Monday.

The centre at 640 Main St. had to be evacuated after several heating coils froze and burst Jan. 5.

The Winnipeg Regional Health Authority, which runs the centre, now says a mechanical error with the building's ventilation system allowed sub-zero-degree air to get into the system, which ultimately froze the coils.

While the flooding affected the first and second floors, staff quickly noticed the leak and damage was kept to a minimum. METRO

Polar bears help Assiniboine Park Zoo break record for attendance

Last month was the busiest December that Assiniboine Park Zoo has seen in nearly 25 years, with just shy of 10,000 people coming through its turnstiles — more than they've seen over the holidays since 1991 and three times as many visitors as they saw just one year earlier. "The zoo has always been a great winter experience for families, but with the addition of the Journey to Churchill exhibit, it really is an entirely new experience," said zoo spokeswoman Laura Cabak in a release. The Assiniboine Park Zoo is open every day from 9 a.m. to 4 p.m.

SHANE GIBSON/METRO FILE

Teacher accused of 'libel against a race'

Facebook post. Native leader files lawsuit over teacher's comments that First Nations people are lazy, seek free money

A Manitoba aboriginal leader's lawsuit against a high-school teacher is alleging defamation against an entire race of people.

Grand Chief Derek Nepinak of the Assembly of Manitoba Chiefs is suing Brad Badiuk, a technology teacher at Kelvin High School in Winnipeg, over comments posted on Badiuk's Facebook page.

The comments, posted under Badiuk's account, accused First Nations people of being lazy and seeking free money from non-aboriginals. Some of the comments were directed specifically at Nepinak and suggested he wanted to "get his hands" on other people's money.

A statement of claim filed on Nepinak's behalf Friday in Manitoba Court of Queen's Bench alleges the comments have hurt Nepinak's reputation and have defamed all aboriginals.

"The entire statement … was understood to mean that the white man/Europeans have been overly generous to aboriginal people and that members of the former group have done more than should be required of them," the lawsuit reads.

"The libel against a race exposes aboriginal peoples to ridicule, hatred and contempt by encouraging non-aboriginal people to believe they are being taken advantage of."

The statement of claim contains allegations that have not been proven in court. It seeks unspecified damages.

Badiuk was placed on administrative leave last month after the Facebook comments came to light. His page was taken down, and attempts to reach him have been unsuccessful.

The Winnipeg School Division is still investigating and declined to comment Friday.

Nepinak's lawyer, Corey Shefman, said suing for libel against an entire race is unusual and is based on a section of the provincial Defamation Act.

"As far as I can tell … Manitoba appears to be the only jurisdiction in Canada that allows this sort of claim," Shefman said Friday.

THE CANADIAN PRESS

Man injured in police chase faces charges

A man critically injured in autumn following a chase with police that ended in a high-speed crash near Polo Park has recovered from his injuries — and now he faces charges.

Police began chasing the driver of a 2000 Dodge Caravan after officers saw him speeding southbound on Balmoral Street between Cumberland Avenue and Notre Dame Avenue shortly before 11 p.m. on Sept. 29.

Police said the driver narrowly missed side-swiping a marked police cruiser heading the other way.

Officers stopped the chase because of the man's unsafe driving, but AIR 1 kept watch on the minivan from the sky.

Police say the driver carried on speeding westbound on Ellice Avenue, hitting a car that was stopped at a red light at Arlington Street before finally crashing into construction equipment in the 1400 block of Ellice Avenue.

Police said the minivan was driving at 113 km/h at the time of the crash.

The driver was taken into custody and rushed to hospital in critical condition.

Police said Sunday the man's condition has since improved and charges were laid Saturday.

The 48-year-old man is charged with flight while pursued by police, dangerous operation of a motor vehicle and failing to remain at the scene of an accident. The man was released on a promise to appear in court. METRO

Canadians rally in support of victims of Paris terror attacks

Nation-wide. 'We have to reaffirm our faith in democracy and freedom,' says Quebec Premier Philippe Couillard

A demonstrator wears a clown nose on Sunday as hundreds of people rally in Toronto in support of free speech and to remember the victims of the recent terrorist attacks in France. DARREN CALABRESE/THE CANADIAN PRESS

Canadians took to the streets in a number of cities on Sunday to express their solidarity and support for the victims of the recent terrorist attacks in Paris.

Thousands of people marched in downtown Montreal, with many chanting "Charlie" over and over, a reference to Charlie Hebdo, the satirical newspaper that was the target of the attack that started three days of terror.

Laurent Beltritti, a French flight attendant who happened to be in Montreal for 24 hours, was one of those who participated in the march.

"As I couldn't attend the event in France with my friends and family, I thought it was important to come here to show my solidarity and to protest in favour of freedom and the right to express oneself without being killed by fanatics," Beltritti said.

Asked if he was frightened about returning to Paris, Beltritti said, "No, I'm not scared. You can't be scared. That's what they want. You have to continue to live your life as normal."

Montreal Mayor Denis Coderre also took part in the march, which ended at the French Consulate, and said there needs to be "zero tolerance against fanaticism."

"It's important to be able to show solidarity and also that we won't yield to intimidation," Coderre said.

In Quebec City, Premier Philippe Couillard attended a similar event in honour of the 17 people who were killed in the attacks at the Charlie Hebdo offices, at a kosher supermarket and on police.

"What we're saying in particular is, 'No to fanaticism, no to blind violence, the inhuman violence we have witnessed in the past few days, and yes to freedom,'" Couillard said.

The premier said the rallies in support of France were extremely important.

"We have to reaffirm our faith in democracy and freedom," he said. "The worst thing we could do would be to retreat into fear."

In Toronto, hundreds gathered outside city hall in a sombre event that saw many supporters quietly holding pens, signs and flowers.

"Nothing can really make you come to terms with such barbaric acts, but it certainly is a validation of how people of all faiths and all colours can come together peacefully," said Fabienne Thuet, who has dual Canadian and French citizenship.

Dozens gathered in Vancouver, where a French flag waved high in the air as supporters held signs and sang the French national anthem before marching silently from Robson Square along Georgia Street downtown. THE CANADIAN PRESS

For more on rallies in France and around the world, see page 6

300 total. Robbery among privacy breaches last year

The federal government reported 300 breaches of Canadians' private information in 2014, including a dramatic robbery of a courier truck carrying passports in Venezuela last November, Torstar News Service has learned.

A courier truck leaving the Caracas airport was held at gunpoint on Nov. 11. Two packages containing 61 visa decision letters, including passports, were among the contents stolen.

Citizenship and Immigration Canada, the department transferring the passports from the visa office in Mexico City to Caracas, informed the privacy commissioner of the breach on Nov. 26, according to documents obtained under access-to-information law.

The robbery was one of the more dramatic breaches reported to Ottawa's privacy watchdog by federal departments and agencies in 2014.

The Caracas robbery was the second theft of personal information to be reported last November. On Nov. 6, Employment and Social Development Canada reported the loss of 19 applications for funding under the New Horizon for Seniors program. TORSTAR NEWS SERVICE

Khaled Al-Qazzaz

Canadian jailed in Egypt released

An ailing Canadian resident imprisoned in Cairo for more than a year has been released from custody.

Khaled Al-Qazzaz, a 35-year-old University of Toronto engineering graduate, is a former aide to ousted president Mohammed Morsi.

He was arrested along with Morsi and eight other aides in July 2013 when the Egyptian military removed the president from office.

Egyptian authorities neither charged him nor explained why they arrested him. THE CANADIAN PRESS

Without Macdonald, Canada 'simply would not exist': PM

Stephen Harper paid tribute to the country's first prime minister Sunday, marking the 200th anniversary of the birth of Sir John A. Macdonald by saying the Scots-born politician "forged Canada out of sheer will."

"Never forget, there was nothing certain or inevitable about what Macdonald and his fellow fathers of Confederation accomplished. It was in fact remarkable," Harper told a room full of dignitaries — including two former prime ministers — under tight security at the historic city hall in Kingston, Ont.

"Without Sir. John A. Macdonald, Canada as we know it — the best country in the world — simply would not exist," Harper said to applause.

Macdonald's political career as a Kingston alderman began the year the cornerstone of Kingston City Hall was laid, 1843, and after his death the first prime minister of Canada lay in state in the same room where Harper delivered his remarks.

Canadian Transport Minister Lisa Raitt, left, and Canada Post CEO Deepak Chopra take part in the unveiling of a stamp of Sir John A. Macdonald during a ceremony at Kingston City Hall to mark the bicentennial of the birth of Canada's first prime minister. FRED CHARTRAND/THE CANADIAN PRESS

The Royal Canadian Mint showed off the template of a new Macdonald toonie, and a refurbished portrait of Sir John A. was unveiled.

It was a decidedly non-partisan event — with former Liberal prime minister John Turner and Progressive Conservative Kim Campbell in attendance — but Harper's comments dovetailed with his Conservative party election message this year that Liberal Leader Justin Trudeau is unready to govern despite his lineage and high-profile name.

"Nation building is never complete," said Harper, noting the "challenges and opportunities" are even greater as Canada approaches its 150th birthday.

The bicentenary of Macdonald's birth has spurred a fresh round of historical review and research, including some unflattering depictions of Macdonald's policies and attitudes toward Canada's First Nations. He helped implement and defended the residential schools system in the 1880s, the impacts of which remain felt to this day. THE CANADIAN PRESS

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Hundreds of thousands march in Paris on Sunday in a massive show of unity and defiance in the face of terrorist acts that killed 17 people. Officials said it was the largest demonstration in French history. LAURENT CIPRIANI/THE ASSOCIATED PRESS

Millions attend biggest rally in France's history

'Our entire country will rise.' More than three million unite, march across France in response to terrorism

Masses of people joined with world leaders to fill Paris streets Sunday in a rally for unity that officials said was the largest demonstration in French history. Hundreds of thousands more marched in cities around the country and the world to repudiate a three-day terror spree around the French capital that killed 17 people and left the three gunmen dead.

Their arms linked, more than 40 world leaders led the sombre procession — Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas; Ukrainian President Petro Poroshenko and Russian Foreign Minister Sergey Lavrov — setting aside their differences for a demonstration French President François Hollande said turned the city into "the capital of the world."

People streamed through the streets behind them and across France to mourn the victims of the deadly attacks on satirical newspaper Charlie Hebdo, a kosher supermarket and police officers — violence that tore deep into the nation's sense of well-being some compared to 9/11 in the U.S.

Quoted

"(The terrorists) want to divide us. We must do the opposite: we must stand up and we must stay united."

France Foreign Minister Laurent Fabius

"Our entire country will rise up toward something better," Hollande said.

The French Interior Ministry said it's hard to calculate the exact number of demonstrators, but more than three million are projected to have marched across France.

"The terrorists want two things: they want to scare us and they want to divide us," French Foreign Minister Laurent Fabius said.

"We must do the opposite: we must stand up and we must stay united."

THE ASSOCIATED PRESS

Video of Paris gunman emerges online

Two days after his death, a video emerged Sunday of one of the Paris gunmen pledging allegiance to the Islamic State of Iraq and the Levant (ISIL), while his two fellow militants have claimed to be from al-Qaida — a fierce rival.

In video verified by the SITE Intelligence Group, Amedy Coulibaly said he had worked in co-ordination with Said and Cherif Kouachi, the "brothers from our team," who carried out the massacre at the satirical newspaper Charlie Hebdo on Wednesday.

"We did things a bit together and a bit apart, so that it'd have more impact," he said in fluent French.

The video appeared Sunday on militant websites. Police said they were investigating the conditions under which the video was posted.

The brothers killed 12 people at the Charlie Hebdo offices but were killed two days later by police, who minutes later killed Coulibaly, who had taken hostages in a kosher market.

French police and judicial officials said they believed that while Coulibaly was committed to carrying out an attack, he was less of a strict ideologue or well-honed fighter than the Kouachis — and could have found inspiration from either al-Qaida or ISIL.

All three men were French. Later in the video, Coulibaly called on others to carry out new attacks.

THE ASSOCIATED PRESS

Mozambique. Tainted beer kills 56 mourners

Contaminated traditional beer has killed 56 people who were attending a funeral in Mozambique, health authorities in the southern African country said on Sunday.

An additional 49 people were admitted to hospitals in the northeastern Tete province, and 146 more people have reported to hospitals to be examined for the poisoning, district health official Alex Albertini told Radio Mozambique.

Mourners who drank the beer in the morning reported no illness, while those who drank the beer in the afternoon fell ill, authorities said. They believe the beer must have been poisoned while funeral goers were at the cemetery.

The woman who brewed the beer also died.

THE ASSOCIATED PRESS

Pombe beer

Pombe, a traditional Mozambican beer, is made from millet or corn flour. Authorities believe that the drink was poisoned with crocodile bile during the course of the funeral.

Brazil

Bus plunges off mountain road

A bus veered off a mountain road near Alfredo Wagner in southern Brazil and fell 50 metres, killing nine people and injuring 25 others, including children. THE ASSOCIATED PRESS

Peru

23 die after bus crash in Andes

Peruvian authorities said a bus carrying more passengers than permitted fell 100 metres in a remote area of the Andes, killing 23 and injuring 44.

THE ASSOCIATED PRESS

Pings give hope AirAsia jet's black boxes close to recovery

Parts of AirAsia Flight 8501 lie on the deck of the rescue ship Crest Onyx at Kumai port in Indonesia on Sunday. ACHMAD IBRAHIM/THE ASSOCIATED PRESS

Cockpit voice and flight-data recorders.

Intense signals in one area indicate both devices lodged beneath wreckage

While Indonesia's navy said divers had not yet found the black boxes from the AirAsia plane that crashed into the Java Sea two weeks ago, searchers on Sunday honed in on intense pings detected amid a growing belief that the devices will soon be recovered.

Three Indonesian ships picked up the signals, said Indroyono Soesilo, co-ordinating minister for Maritime Affairs. They were located around 3.5 kilometres from where the rear of the aircraft was found.

Other officials cautioned it was too soon to know whether the sounds were coming from the black boxes, which detached from the tail when the plane plummeted into the sea on Dec. 28, killing all 162 people on board.

The Commission for Transportation Safety stopped a remote-operated vehicle from being deployed to probe the area where the pings were heard, fearing it could potentially damage the boxes, said Muhammad Ilyas, head of oceanic surveys at Indonesia's technology agency. Instead, the sites were to be examined by divers.

In addition, sonar on Sunday detected a large object in the same vicinity as the pings. Officials initially were hopeful it was the main section of the Airbus A320's cabin. However, Henry Bambang Soelistyo, chief of Indonesia's search-and-rescue agency, said divers confirmed it was instead a wing and debris from the engine.

Many believe most of the victims' bodies are likely entombed inside the aircraft on the seabed. So far, only 48 corpses have been recovered.

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Cheap gas good for tourism: Industry

More bang for their buck. Tourism operators may use lower loonie to bring more Americans to Canadian roadways

Falling gas prices and a weakening loonie are raising hopes within Canada's tourism industry that 2015 will be a banner year.

Ian Jack, a spokesman for the Canadian Automobile Association, says if the price at the pumps holds until the spring, he expects an increase in the number of people travelling by car this year.

According to the CAA, the national average price of gas hit a high of $1.39 a litre last June. On Friday, that average was 92 cents a litre.

Only 14 per cent of about 1,000 CAA members surveyed said they planned to drive more during the recent Christmas holidays. But Jack said most people don't like to drive in the winter and he expects those numbers will rise during the warmer months.

"If we continue to see low prices into the spring and summer we do expect a significant uptick in car vacations in Canada," he said.

Statia Elliot, director of the school of hospitality, food and tourism management at the University of Guelph, agrees.

"I think with the way the dollar is and the way gas prices are, we're going to see good, strong demand for summer vacations," she said, adding that cost is one of the top factors people consider when deciding to travel.

"Three-quarters of what we call tourism is generated by our own Canadian travel, and with low gas prices that will encourage more people to get in the car and travel closer to home," she said.

Elliot said that, while Americans likely aren't watching the loonie, smart tourism operators will use their marketing savvy to encourage Americans to come to Canada.

THE CANADIAN PRESS

If the current price at the pumps holds until the spring, the Canadian Automobile Association expects an increase in the number of people travelling by car this year, raising hopes within Canada's tourism industry that 2015 will be a banner year. MICHELLE SIU/THE CANADIAN PRESS

Other side of the coin

Falling price hits oilpatch

When it comes to figuring out how much pain tumbling crude prices are going to inflict on the oilpatch, one investment strategist says it's not so much a question of how low oil will go, but of how low for how long.

"You don't really know at this point how it's going to turn out," said Kara Lilly, with Mawer Investment Management in Calgary.

A barrel of U.S. benchmark crude oil settled at $48.36 US on Friday, less than half of where it was just six months ago. The price weakness has already caused widespread cuts in the oilpatch, with drilling budgets being sliced. The spectre of job losses looms.

THE CANADIAN PRESS

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New media outlets shake up reporting

A screengrab from question period took a brewing controversy for Environment Minister Leona Aglukkaq and crystallized it into a tale of callous indifference.

"Leona Aglukkaq reads newspaper, ignores questions about people looking for food in dump," read the headline last month by Press Progress, a social-media-focused news organization. From there the story was touched on by mainstream news organizations, who appeared to miss the fleeting visual.

Press Progress is snarky, easy-to-read and opinionated and part of a new group of digital media organizations covering politics on Parliament Hill. They include Vice, The Tyee, the Vancouver Observer and rabble.ca. iPolitics and Huffington Post were the first of the new wave.

The new Canadian players with different funding models are filling in some of the empty chairs left by shrinking traditional media outlets. And they're challenging some of the notions about what political reporting looks like.

THE CANADIAN PRESS

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VOICES

CLEAR THE WAY. PLEASE.

Lousy snow removal can only be made worse in one way: paying too much for it

INSIDE THE PERIMETER
Shannon VanRaes

The one-way street in front of my home is bumper-to-bumper with two-way traffic as I write this. Why? Because snow wasn't cleared, and now what was a quiet residential bike route has become a second lane as confused drivers plough over buried curbs and signage.

As Mayor Brian Bowman himself pointed out, recent snow-clearing has been inadequate.

Ruts persist on major thoroughfares, and sanding fell short of what was needed to improve traction in many areas of the city.

Complaining about snow removal is nothing new for Winnipeggers, but the mayor's suggestion last week that he would consider increasing the amount of snow removal handled by unionized city employees certainly was. Currently, 80 per cent of streets are cleared by private contractors. Sidewalk snow removal is split 50/50 between city staff and private entities.

Although it was far from an enthusiastic embrace of unionized public employees, Bowman's remarks opened the door to a move away from private contractors.

And with the city facing a difficult budget in the months ahead, the mayor should do more than consider curbing private snow-clearing — he should ditch it altogether .

Contrary to the beliefs of many fiscally conservative thinkers, turning to the private sector does not save municipalities money. That's not to say that private companies aren't often bastions of efficiency, but it's a simple fact: the more hands that are in the cookie jar, the fewer cookies there are to go around. Only in this case, it's tax dollars that are stretched thin, and Winnipeggers are being left with crumbs.

The City of Calgary recently experienced this phenomenon after hiring a private company to clear snow from the sole 800-metre bike lane in its downtown core. As reported in Metro's Calgary edition, the private contractor cost the city 10 times as much as work done by city workers — $119,160 during the winter of 2013-14 alone.

To the east lies another example of private companies failing to deliver public services in a cost-effective way.

Ontario's auditor general Bonnie Lysyk released a report last December that found that P3s — public-private partnerships — had cost the province $8 billion more than the same initiatives would have cost if they'd been publicly facilitated. And yes, that's $8 billion with a "B."

Of course, municipalities cannot be expected to provide all services in all areas. Some work and specialties need to be contracted to experts.

But given that until recently Winnipeg held the title of coldest city on earth with a population greater than 600,000 — thanks a lot, Ulan Bator, Mongolia — shouldn't we have a municipal government that's able to handle snow?

Recent events may not have cleared the roads but hopefully they clear the way for real improvement in how the city handles snow removal.

Shannon VanRaes is a Winnipeg-based journalist and photojournalist who spends her days contributing to the Manitoba Co-operator and her nights covering urban affairs. Thanks to the bite of a radioactive spider, she no longer needs to sleep. She can be reached on Twitter @ShannonVanRaes.

Your Winnipeg

On the river

Photo submitted by reader Sean Ledwich

Skaters check out the Red River Mutual Trail last week. The Forks says the trail is now open to Churchill Drive on the Red River, and further trails will open as weather permits. CONTRIBUTED

SEE YOUR SHOT HERE: Send us high-quality snaps of your city to readers@metronews.ca

Letters

RE: Charlie Hebdo shooting coverage

What would the Prophet do? When I learned of the recent barbaric killing of 12 innocent people in Paris, France, I was extremely saddened and deeply disturbed.

First and foremost, my thoughts go out to the victims and their loved ones. It pains me greatly to hear that such acts are carried out in the name of Islam. I am a member of the Ahmadiyya Muslim Community and have always been taught the message of "Love for All, Hatred for None." These acts have no place in Islam.

What perplexes me most is why do these ignorant extremists not think to ask themselves, "What would the Prophet of Islam do?"

He would respond to those who insulted and abused him with a smile and a kind word. This is the Islam that I know and love. As true Muslims, insults against the Prophet should be dealt with love and prayers. I pray for those who feel the need to attack my religion. I pray even more for those who feel violence is the solution. **Ejaz Arshad, Calgary**

A different interpretation The Latuff drawing, to me, represents the gunmen actually doing more harm to Islam (represented by the mosque) than it is about a potential backlash. Their bullets are aimed at the newspaper, but really, they are hitting their own faith. **Giacomo Cassano**

Don't let the thought police win As a journalism professor I absolutely support — and sometimes enforce — the use of a precise and appropriate vocabulary. However, I was astounded to read the comments of a colleague criticizing the term "barbaric" with regards to the Charlie Hebdo attack.

First, any murder committed in the name of religious belief — whatever the religion — can certainly be described as barbaric and the connotation of this term seems particularly appropriate here. But the main point is that this kind of soothing language/thought police is precisely what the murdered journalists stood against. In its excess, their provocative style was a manifesto against too easily offended sensibilities. **B. Labasse, Ottawa**

metro

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Cable TV rules Golden Globes

Award season. Major TV networks mostly shut out of winner's circle while indies make a strong showing on film side

NED EHRBAR
Metro in Hollywood

The reigning theme on the red carpet for this year's Golden Globes might have been red gowns, but inside the Beverly Hilton it was awkwardness — horrible, painful awkwardness. Even veteran hosts Tina Fey and Amy Poehler couldn't escape the cringe-inducing atmosphere in the Beverly Hilton ballroom, especially when launching into duelling Bill Cosby impressions.

Even planned bits during the awards show — like Margaret Cho as a Hollywood Foreign Press Association member from North Korea taking a photo with Meryl Streep — were awkward, though in that case, that might have been the point. And the awkwardness seeped into the spontaneous moments, like when Jeremy Renner made mention of co-presenter Jennifer Lopez's "globes."

Of course, the real point of the night was the awards. In the world of TV, things were less awkward than they were surprising as Jane the Virgin star Gina Rodriguez surprised awards prognosticators by taking Best Actress in a Comedy or Musical and Amazon's first nominated series, Transparent, won Best Comedy or Musical Series and Best Actor for star Jeffrey Tambor.

Amy Adams takes home a Golden Globe for her role in Big Eyes. GETTY IMAGES

Jane the Virgin star Gina Rodriquez GETTY IMAGES

In fact, the four major TV networks — CBS, NBC, ABC and Fox — were pretty much shut out of the awards Sunday night. Joanne Froggatt brought home her first Golden Globe, a Supporting Actress trophy, for Downton Abbey, taking home an award her co-star Maggie Smith has previously won. But the big winner for the night was freshman FX drama Fargo, which earned an award for the show itself and supporting actor Billy Bob Thornton. And Kevin Spacey matched Robin Wright's win last year with his own for House of Cards.

Hosts Tina Fey and Amy Poehler GETTY IAMGES

On the film side, the indie film presence was strong, with J.K. Simmons winning Best Supporting Actor for his work in the Sundance hit Whiplash, Birdman taking Best Screenplay and Patricia Arquette continuing her march to the Oscars with a win for Boyhood. Elsewhere, How to Train Your Dragon 2 took Best Animated Film, The Theory of Everything won Best Score and Common and John Legend's Mercy for Selma won Best Original Song.

Even before the show began, hosts Fey and Poehler confirmed that this go at hosting the awards — their third in a row — would be their last. "Next year they should go with someone younger and easier to work with, like a Japanese hologram," Poehler joked on the red carpet. Maybe next year's will be less awkward.

FOR MORE ON THE GOLDEN GLOBES, VISIT METRONEWS.CA

Arty pre-party. A hush-hush affair

If the Golden Globes are obvious — celebs, cameras, tuxedos — the night-before Art of Elysium fundraiser is the ultimate in esoteric.

Where the typical black-tie gala promises drinks, dinner and entertainment, the art charity's eighth annual Heaven gala aimed to provide an artistic experience curated by performance artist Marina Abramovic.

The party, held Saturday in an airplane hangar in Santa Monica, Calif., began with a "silent cocktail hour." Celebrants such as Zach Braff, Usher, Joaquin Phoenix and Johnny Depp, who lounged on a couch behind velvet ropes, were instructed not to speak during the cocktail reception and encouraged to wear silencing headphones provided by attendants. Drinks were to be ordered by pointing at a menu.

Depp and fiancée Amber Heard, the night's guest of honour, did not wear the headsets.

When chatter erupted after about 30 minutes, Abramovic playfully admonished partygoers for not following the rules.

A small stage rotated in the centre room and four giant video screens glowed overhead. Entertainment included a performance piece on love and loss, a 3D film and a musical set by Moby.

The event was projected to raise $1 million for the non-profit group that brings art to sick children and others in need.

THE ASSOCIATED PRESS

Johnny Depp and Amber Heard
OMAR VEGA/INVISION/THE ASSOCIATE PRESS

Awards snafu

Golden Globes lets a little something slip

As if Hollywood hasn't had enough leaks of late.

For a short time on Friday night, the official website of Sunday's Golden Globe Awards posted what appeared to be this year's winners in two top Globes categories, setting off some momentary excitement in the industry trade press.

The Hollywood Foreign Press Association, which runs the annual awards, referred all inquiries to its site administrator, Bluefin.

"While testing the official website of the Golden Globe Awards for Sunday's ceremony, Bluefin inadvertently took the test live," said a company statement. "We randomly selected two film titles with no knowledge of the category winners. We are solely responsible for the error."

THE ASSOCIATED PRESS

SCENE

One VIP guest came to the Golden Globes nearly naked and boldly sat by the door as though nothing was amiss. Salem, a canine expert at sniffing out explosives, just wore his regular work vest to the black-tie affair at the Beverly Hilton Hotel. Here are some of the mostly fully clothed stars who passed Salem's sniff test

ALL PHOTOS: GETTY IMAGES

Red carpet looks from the glitzy Golden Globes

George Clooney arrived exactly an hour before the start of the Golden Globe Awards, and he brought along some famous friends. Model Cindy Crawford and actor Bill Murray rode in a sport utility vehicle with Clooney, who upon exiting the vehicle pointed out his new wife, Amal, to bleacher fans. The group received boisterous cheers, but the loudest ones were reserved for Mr. and Mrs. Clooney. Some stars, including Clooney, sported "Je Suis Charlie" pins. THE ASSOCIATED PRESS

Wearing an elegant tuxedo, The Theory of Everything's Eddie Redmayne proved why he has made a number of best-dressed male celebrity lists this year.

Matthew McConaughey

Gone Girl's Rosamund Pike walked the red carpet in a daring sideless and backless Vera Wang dress. She told InStyle magazine the week before that, "What you try to do is something that will live up to a dream you might have had when you were a little girl."

Orange is the New Black star Taylor Schilling.

Emma Stone

Lena Dunham

Kerry Washington

Jennifer Lopez

Amy Adams

Don't be a divorce dummy

Legal bills. Avoiding lawyers might seem like a good idea when navigating a split, but separation agreements need to be solid

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Everyone knows divorce is expensive. According to Darren Gingras, President of the Common Sense Divorce (with which I am affiliated), the average divorce costs $15,000 to $25,000 depending on whether the courts have to get involved. Is it any wonder people would rather DIY?

You might be tempted to take family law matters into your own hands because you're trying to save money.

Maybe you don't think your case is particularly complicated. Perhaps you have a basic mistrust of lawyers and the legal system's penchant for making everything more complicated than it need be.

Or maybe you just don't want to spend the money; splitting assets is going to leave you broke enough!

Hey, I hear what you're saying. But I've been divorced enough times to know that if you don't know what you're doing — and if you're not a family lawyer, you don't — you could miss some important things that will screw with you later.

No, I'm not saying you have to hire a gunslinger.

I'm saying if you don't know what you don't know, how will you avoid stepping in the poop?

Be aware that so-called 'kitchen table' agreements usually don't pass court scrutiny. ISTOCK

Family lawyers have a name for those documents people like to create for themselves as they are separating: They call them 'kitchen table' agreements, because they're often signed in the kitchen over a cup of coffee. And their eyes flash with delight because they know that untangling the mess made will be profitable for them. Very profitable.

Sure, you'll save some money if you work out the details of your separation agreement amicably. That's common sense. But if you don't get independent legal advice to ensure all the i's are dotted and the t's crossed, lawyers and court costs may be in your future.

Just because you agree to a thing doesn't make it stickable. Just because you execute it, have it witnessed and follow it religiously, doesn't make it stickable. Kitchen table agreements can be tossed to the curb as soon as the weaknesses have been uncovered.

Take for example the kitchen table agreement that was thrown out by an Ontario court because child support was not implemented according to Ontario provincial guidelines.

And the kitchen table agreement that was nullified because financial disclosure wasn't done, so one spouse didn't fully appreciate what she was giving up when she waived her claim to her partner's pension.

And the kitchen table agreement in which one partner tried to pull the wool over the other's eyes.

Courts booted those agreements to the curb, leaving them not worth the paper they were written on. And because the courts got involved, those cheap kitchen table agreements got very, very expensive.

Perhaps it is our desire to get out of our current relationship that has us rushing to agree.

Hey, it all seems so reasonable right now. But what about the future?

Will whatever you agree to today stand the test of time?

And how about the tax man? Will he come looking for his piece of the pie?

Creating a legally binding and long-lasting separation agreement doesn't mean you have to go to court. Nor does it mean that you have to escalate matters.

And you don't have to give away all of your assets to the legal system, either.

It does mean spending enough money to ensure that your separation agreement is consistent with the your province's Family Law Act and that everyone involved fully understands what it is that they are agreeing to and signing.

How much is enough? According to Gingras, for a separation agreement to have teeth, you're looking at about $4,000.

No matter how tempted you may be to "keep the lawyers out of it," please, please don't put your faith in an office-supply-store separation agreement kit.

Gingras has seen more of these go south than he cares to think about.

"You want to spend enough money to do it properly the first time," he says.

Precedents

In the case of Zheng v. Jiang, 2012, when the court struck down the agreement that had been made by separating partners, it said:

"It seems to me that this is the very type of homemade agreement entered into by spouses who are not properly informed as to the facts and law surrounding their circumstances that (the Family Law Act) was designed to deter. I agree with the statement in Sagl v. Sagl ... that "the policy of the Act is to discourage 'kitchen table' agreements."

Health. An avocado a day can keep the doctor away

Eating one avocado per day as part of a moderate-fat diet can improve cholesterol levels, according to researchers from the American Heart Association.

The research team set out to see what would happen if saturated fatty acids were replaced with avocados, which contain unsaturated fat. They put the 45 overweight participants on three different diets intended to lower cholesterol. In the beginning, the dieters consumed 34 per cent of their daily calories from fat sources, 51 per cent from carbohydrates, and 16 per cent from protein. After two weeks on this diet, researchers placed each participant randomly on one of three cholesterol-lowering diets. They stuck to a regime that was either low-fat with no avocado, moderate-fat with one avocado per day, or a moderate-fat diet without avocado. Following the moderate-fat diet with the daily avocado resulted in a drop in 'bad cholesterol,' low-density lipoprotein (LDL), of 13.5 mg/dL on average. AFP

One avocado a day, combined with a moderate-fat diet, can drop 'bad' cholesterol. ISTOCK

Research

Music helps ease pain in young surgery patients

Listening to 30 minutes of music by artists like Rihanna and Taylor Swift or whichever artist the child prefers — or even audiobooks — could significantly reduce pain after major surgery, according to a new study at Northwestern University. "Audio therapy is an exciting opportunity and should be considered by hospitals as an important strategy to minimize pain in children undergoing major surgery," said study senior author Dr. Santhanam Suresh. "This is inexpensive and doesn't have any side effects." The 56 participants ranged in age from nine to 14 and selected their favourite music from a playlist of chart-topping music. AFP

Rihanna GETTY IMAGES

How to network when you're between jobs

Career. Fill your time wisely while you're waiting to work

VICKI SALEMI
Metro in New York City

Most of us have been unemployed at some point for one reason or another. It's normal for self-esteem to plummet when you're between jobs. There are many ways to keep marketing yourself when you've left your job but don't have a new one lined up.

LinkedIn
Update your LinkedIn profile to highlight your skills but do not feel the urge to update your title to "consultant" or "professional seeking full-time work." Recruiting is a lot like dating, and although you want to get the word out, employers want to know you're a hot commodity. Changing your title to something generic equates to sitting on the bench waiting to be asked to dance, even when you have lots to offer.

Business cards
Even if you don't have a job, you are still out there making connections. Get simple cards created as a way to easily give out your contact information. You don't have to break the bank but ensure they include the essentials: your name, email, phone number and Twitter handle.

Do you have a mission statement or a portfolio website? Feel free to include those as well. If you're in finance, going for a conservative black and white card is prudent. But if you work in a creative field like graphics, feel free to include a sample design on the back. It's an easy way to stand out from the crowd, especially when your contact finds your card weeks later.

Online presence
Are you active on Twitter? Do you have a blog? Post pictures to Instagram? If you nodded yes to all of the above, keep going. If you're just getting started, become more active. Keep up with industry trends and become an expert by demonstrating an active voice online.

Positive pastimes

During an interview six months from now, a hiring manager will ask how you spent your down time.

- Marketing is important, but so is taking care of yourself. Surround yourself with positive people, read books about success and stay physically and mentally healthy. While branding tools are effective, another two are equally important: your smile and demeanor.

Try to stay positive while between jobs by reading books about success and keeping healthy. ISTOCK

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Press pause on your procrastination

Education. Gaining an understanding of why we put off tasks is crucial to successfully seizing the day

Learning how to use your time wisely takes practice. ISTOCK

It's a New Year's resolution students the world over make again and again: "This is the year that I will stop procrastinating on my assignments."

But one professor says that the first step to ending this habit is to rethink the way we view it. "The research shows that self-awareness is the first step in any kind of behaviour change," says Dominic Voge, associate director of the Undergraduate Learning Program at Princeton University.

"Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

We asked Voge why so many of us procrastinate and what we can do about it.

Identify the problem

"Procrastination is often a self-protection strategy," he explains. "It's protecting our self-concept of being capable and smart people." This concept is particularly common among post-secondary students, many of whom are experiencing an academically competitive environment for the first time. "If we wait until the last minute to study or write a paper, we can say to ourselves, 'If I perform poorly, it's because I didn't have enough time," Voge says.

Learn to use blocks of time

"It's easy to say 'Why even start' if you only have an hour between classes or if you are really tired, notes Voge.

"But you can say, 'Instead of watching TV, I can review my notes from class or I can skim a chapter of my textbook,'" he says. The trick is to assign yourself reasonable tasks. A half-hour is probably not enough to do your chemistry assignments, but it's enough time to review vocabulary for a language course.

Forgive yourself

"Most people see procrastination as some kind of failure in yourself, but that's a fundamental misunderstanding of the problem."

Dominic Voge
Associate director of the Undergraduate Learning Program at Princeton University

Give yourself a fun goal

Part of the reason procrastination often feels like an insoluble problem, says Voge, is because "procrastination feels like a big wall, (it blocks you). So what is something that is going to get you over that wall?"

Voge suggests making a list of your interests and long-term goals to figure out your motivations. Do you like the satisfaction of successfully solving a problem or delving into research? Concentrating on the aspects of your classes that you like rather than focusing only on grades (which aren't solely in your control) goes a long way.

Study

Eyes bear the brunt of tech device overuse

People are so addicted to their digital devices that it is posing a threat to their eyesight, a new report indicates.

According to a report by The Vision Council, 93.3 per cent of Americans spend two or more hours every day on digital devices for work or play, resulting in "digital eye strain." A shocking 30 per cent spend more than half of their waking hours (nine hours or more) using a digital device.

The condition is defined as "temporary physical discomfort" felt following two or more hours in front of a digital screen. Its symptoms include redness, irritation, dry eyes, blurred vision, eye fatigue, back and neck pain and headaches.

The severity of digital eye strain can be tempered by adjusting things such as text size, posture and computer setup.

AFP

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Many Canadians still waiting for dream job

Career. Workers seek meaning and fulfilment over money in career, says Monster Canada survey

So much for punching the clock. Turns out most Canadians are emotionally connected to their work and consider a current or previous job as life-changing, says a new Monster Canada survey.

But as 2015 gets underway, four in 10 workers say there still waiting for that dream job that will add meaning to their life, according to the job search firm's report.

For the 59 per cent of Canadians who say their job has a major impact on their lives and how they feel, the reasons are most likely to be non-financial, the report reveals.

Eighty-six per cent say the job that changed their life identified special skills they possess and new things they are good at, while 80 per cent say it increased their sense of self-worth. More money came in third at 70 per cent, it says.

Still, it should be on employers' radar that 39 per cent of working Canadians feel that they will need to jump ship in order to find the job that will change their life, said Sheryl Boswell, Monster Canada's director of marketing.

"While it's encouraging to see that many have found the job that changed their life, the numbers show that many others still have a desire to find better," she said.

"Given how emotionally invested Canadians have told us they are in their work, finding a fulfilling job is paramount when it comes to overall happiness, and employers need to take note," added Boswell.

Meanwhile, a year-in-review report by Workopolis found that 88 per cent of Canadians say they had to change employers to attain a more senior role, and the average worker can now expect to hold 15 positions throughout their career.

"Employees often leave companies for the same reason they join them," said Tara Talbot, vice president of human resources at Workopolis.

"Opportunity for career advancement is most often the deciding factor of accepting or leaving a position," she said in a release.

The year-end Workopolis report revealed frequent job changes have become a necessity because only 11.5 per cent of workers are promoted within an organization.

It also says that on average, it takes 12 years at three or four different employers to move from an entry-level position to the rank of supervisor or above.

TORSTAR NEWS SERVICE

I need a change

The Monster Canada survey also shows that Canadians are not only comfortable switching employers, but also locations.

- Since 2010, about 16.5 per cent of people have started a new role in a different province, a 21 per cent increase in the last 10 years, it found.

What sacrifices would you be willing to make to find a job that fulfils you? ISTOCK

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FLASH FOOD

From your fridge to your table in 30 minutes or less

This recipe serves six. ROSE REISMAN

Fajitas are a great dish to serve for families, since everyone can make their own as desired.

Pork is a lean meat, and with today's agricultural practices, can be cooked to a medium doneness rather than well done as previously instructed years ago.

The cone presentation is a real treat visually and tastewise. Any leftover fajita mixture can be served on its own if all doesn't fit into the tortilla cone. Using various coloured tortillas is attractive, but if you want more fibre go for the whole wheat tortillas.

Ingredients

- 6 large flour tortillas
- 12 oz boneless pork tenderloin sliced thinly
- 2 tsp vegetable oil
- 2 1/2 cups thinly sliced white onions
- 1 1/2 tsp minced garlic
- 2 1/2 cups red bell pepper cut into strips
- 1/4 cup chopped cilantro or parsley
- 1/4 cup chopped green onions
- 3/4 cup shredded light cheddar cheese

Garnish (Optional)

- 1/3 cup medium salsa
- 1/3 cup low-fat sour cream

Directions

1. Preheat the oven to 375 F. Spray a 12-cup muffin tray with cooking oil spray. Fold each tortilla in half, then form into a cone, overlapping the sides. Fold up the point of the cone about an inch, then press the tortilla in every other muffin cup so they don't crowd each other. Spray each cone with vegetable oil. Bake for about 10 minutes or just until lightly browned and crisp.

2. Spray a large non-stick skillet with cooking oil and place over medium-high heat. Cook the pork for about for 2 to 3 minutes, or until cooked through (pork can be served at medium doneness). Do not overcook or it will dry. Remove from pan.

3. Add the oil to the same pan and brown the onions and garlic, about 4 minutes. Reduce the heat to medium. Stir in the red pepper strips and cook until softened, about 5 minutes.

4. Remove the pan from heat. Stir in the cilantro, green onions and the cooked pork.

5. Divide the stir-fry amongst the tortilla cups, sprinkle with cheese and serve with garnishes if using.

Nutritional information

Per serving

- **Calories.** 388
- **Carbohydrates.** 53 g
- **Fibre.** 7 g
- **Protein.** 25 g
- **Total fat.** 10 g
- **Saturated fat.** 4 g
- **Cholesterol.** 40 mg
- **Sodium.** 1,731 mg

This recipe serves six. ROSE REISMAN

Not your typical (read: 'greasy') nachos

Typical nachos are an all-time favourite with their fried tortilla chips, loads of cheese sauce, sour cream and fatty ground beef. They may be delicious, but a platter can have more than 2,000 calories and 100 grams of fat!

Try my tasty and healthier version using lean ground turkey and a variety of lighter toppings.

Ingredients

- 1 cup diced onions
- 1 tsp minced garlic
- 2 tsp vegetable oil
- 12 oz ground turkey
- 3/4 cup diced red bell pepper
- 1 tsp chili powder
- 1 cup canned, drained and rinsed black beans
- 2 cups tomato pasta sauce
- Salt and pepper
- 6 cups tortilla chips (baked if possible)
- 1/2 cup grated light cheddar
- 1/2 cup grated light mozzarella cheese

Garnish (optional)

- 2 tbsp chopped cilantro
- 2 tbsp chopped green onions
- Light sour cream (optional)
- Thinly sliced jalapenos (optional)

1. Preheat oven to 450 F. Spray a 10 to 12-inch pizza pan or large oven-proof platter with vegetable oil.

2. In large skillet sprayed with vegetable oil, sauté onions and garlic with oil for 5 minutes. Add turkey and sauté until no longer pink, about 5 minutes. Add bell peppers and sauté for 2 minutes. Add chili powder, beans, tomato sauce, and salt and pepper. Simmer uncovered for 10 minutes until thickened.

3. Place half the tortilla chips over pizza pan, pour half the filling over top and half the cheese. Repeat with remaining chips, filling and cheese. Bake for 5 minutes or until cheese melts and tortillas crisp. Garnish with any of the toppings.

ROSE REISMAN

Packers punch out 'Boys

NFL playoffs. Video reversal aids Green Bay in holding off Dallas for berth in NFC championship game

Cowboys receiver Dez Bryant attempts to make a catch over Sam Shields of the Packers on Sunday in Green Bay. Initially ruled a catch, the call was reversed upon review. MIKE MCGINNIS/GETTY IMAGES

Hobbled but happy, Aaron Rodgers might have felt a bit lucky, too.

No matter: the All-Pro quarterback and his Green Bay Packers are one step away from the Super Bowl.

More stationary than usual because of a left-calf injury, Rodgers rallied the Packers from an eight-point deficit with two second-half touchdown passes to beat Dallas 26-21 on Sunday.

The Packers, helped immensely by a video reversal with 4:06 remaining, went undefeated at Lambeau Field this season. They head to Seattle — which beat Carolina 31-17 on Saturday — next weekend in the NFC title game.

"I think I got 120 minutes left in me," Rodgers said.

Green Bay might not have had any time left in its season if not for referee Gene Steratore's decision. Dez Bryant's leaping, bobbling 31-yard catch at the Packers' one-yard line on a fourth-and-two play was challenged by Green Bay coach Mike McCarthy. Instead of first-and-goal for Dallas, the ball went over to the Packers.

"Some people think throwing the red flag is fun," Packers coach Mike McCarthy said. "It was such an impactful play, you had to challenge. It was a confident challenge. And a hopeful one, too."

One packed with controversy, as well.

"Look, I'll tell you this: I've never seen that a day in my life," Bryant said. "I want to know why it wasn't a catch."

Because Bryant didn't maintain control all the way to the ground, as the rule states. Replays showed Bryant bobbling the ball as he rolled into the end zone, with part of it touching the field.

THE ASSOCIATED PRESS

Luck leads Colts to upset of Manning, Broncos

Colts linebacker Jonathan Newsome forces Broncos quarterback Peyton Manning to fumble on Sunday in Denver. JACK DEMPSEY/THE ASSOCIATED PRESS

Andrew Luck threw two touchdown passes and the Indianapolis Colts upset Peyton Manning and the Denver Broncos 24-13 Sunday in the AFC playoffs.

The Colts advanced to the AFC championship game next weekend in New England. The Patriots rallied past Baltimore 35-31 Saturday in the other AFC divisional playoff.

The Broncos were left to deal with the hangover of yet another playoff debacle — and maybe questions about Manning's future and that of coach John Fox, as well.

Manning, who joined the Broncos in 2012 after his release from Indy, has gone one-and-done in the playoffs a record nine times in his otherwise stellar career. That includes twice in Denver, where he's 38-10 in the regular season but just 2-3 in the playoffs.

Overall, Manning is 11-13 in the post-season.

THE ASSOCIATED PRESS

Tennis

Federer wins title, 1,000th match

Roger Federer turned the Brisbane International final into a grand occasion Sunday, beating the up-and-coming Canadian Milos Raonic in three see-sawing sets to register his 1,000th career match win.

It's a grand number for a 17-time Grand Slam champion, making him the only player after Jimmy Connors (1,253) and Ivan Lendl (1,071) to win 1,000 times on the men's professional tour.

"Clearly it's a special day for me, winning a title plus getting to the magic number of 1,000," Federer said after his 6-4, 6-7 (2), 6-4 win. THE ASSOCIATED PRESS

Curling

Canada captures Continental Cup

Canada swept all three skins games in the first draw on Sunday to win the Continental Cup at Canada Olympic Park in Calgary.

Winnipeg's Mike McEwen secured the victory when he picked up a full point in his match against Sweden's Niklas Edin, giving Canada an insurmountable lead over the European team. McEwen went on to win by a score of 3-1/2 to 1-1/2.

Three more skins games were to play out Sunday night. THE CANADIAN PRESS

Online

Go to metronews.ca for coverage of Sunday night's game between the Winnipeg Jets at the Ducks in Anaheim, Calif.

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50 YEARS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You may be in a cautious mood as the week begins but that's OK because this is a time for thinking things through rather than throwing yourself at life.

♉ Taurus
April 21 - May 21
This is a great day for meeting with friends. On the career front, your ambitions may seem lofty to some but you know that anything is possible if you want it enough — and you do.

♊ Gemini
May 22 - June 21
Whatever you want out of life you will find a way to get, but you will get it quicker if you make friends with the kind of people who can open doors.

♋ Cancer
June 22 - July 23
You want to do something out of the ordinary. Only you can decide what that something is going to be. The planets indicate it will be fun and change your life for the better.

♌ Leo
July 24 - Aug. 23
You need to think long-term rather than merely aim for short-term gain. That applies in particular to business and professional matters.

♍ Virgo
Aug. 24 - Sept. 23
Partnerships will be vital over the next few days and even if you are the kind of Virgo who prefers to work alone it will pay you to join forces with someone who shares your ambitions.

♎ Libra
Sept. 24 - Oct. 23
The tougher the challenge the more you like it and that's just as well because the planets indicate you will be put to the test over the next few days.

♏ Scorpio
Oct. 24 - Nov. 22
This is potentially one of the best times of the year for you and anything of a creative or romantic nature is sure to go well over the next few days.

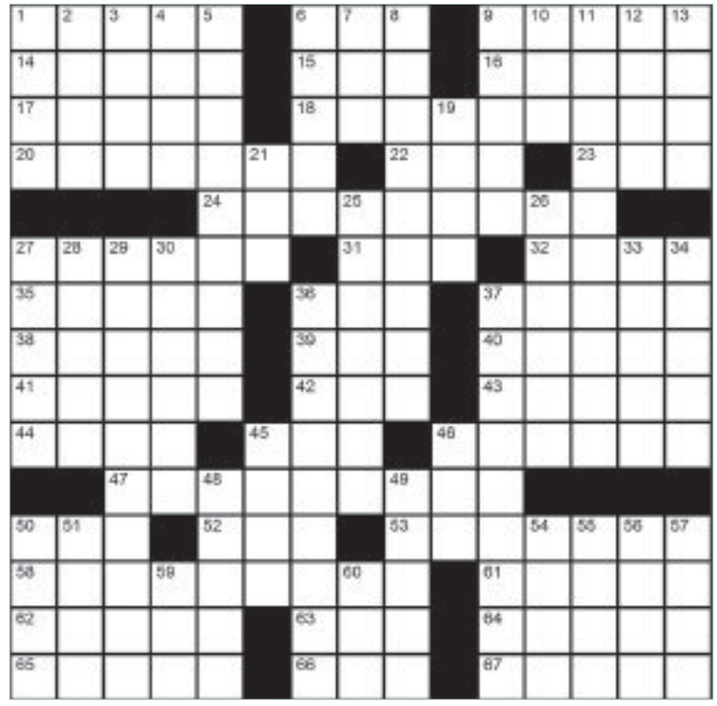
♐ Sagittarius
Nov. 23 - Dec. 21
Anyone who thinks they can coerce you to do something you do not approve of is living in cuckoo land. When it comes to family matters though try not to take such a hard-line stance.

♑ Capricorn
Dec. 22 - Jan. 20
You will meet some interesting people over the next few days and that's good because your focus has been too narrow. Chances are you will learn something to your advantage.

♒ Aquarius
Jan. 21 - Feb. 19
Under no circumstances sell yourself short this coming week, because the moment you do is the moment everyone starts taking advantage of you.

♓ Pisces
Feb. 20 - March 20
Something you start over the next few days is destined to be of major importance to you. Mars in your signs means you will outshine rivals and make a name for yourself.

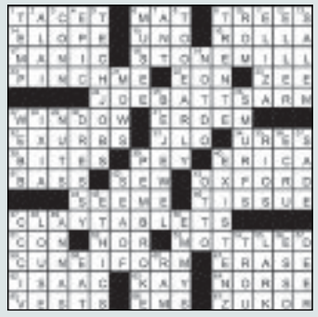
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. "__ __ a gun!"
6. Inventor Mr. Whitney
9. Coffee preference
14. Fantasy novelist Ms. Canavan
15. "__ Dieu!"
16. Rice-_-__
17. Wedded bliss event, briefly
18. What outstanding movies generate: 2 wds.
20. Notion
22. 'Honor' suffix
23. "The __" (CBC series about a First Nations community)
24. General Motors of Canada vehicle assembled in Oshawa, ON: __ Impala
27. Prickly
31. Caravansary
32. "Begone!"
35. Dolphin-riding Greek poet
36. Orange ball org.
37. Clipped
38. Swiss chocolate brand
39. Cafeteria crumb
40. High: French
41. Wise mentors
42. Arctic explorer John
43. Fire-starting felony
44. John Mellencamp's "Get _ __ Up"
45. Senators city, briefly
46. Add on
47. Amanda Marshall hit: 2 wds.
50. Volkswagen convertible model
52. "Scalpel..." settings, shortly
53. To the skies
58. Southern Ontario: Municipality of South Bruce village
61. Former police officer
62. Pageant winner's prize
63. Friend: French
64. 1st Greek letter
65. "__ __ favour, say 'Aye'."
66. 1960s brother of a Pres.
67. Fix the road this way

Down
1. Disconnected, in music [abbr.]
2. Yes __ __ question
3. Trevor __ (Tony-winning Cats director)
4. Of a lyric poem
5. Canada's beaver coin amount: 2 wds.
6. Be a ham on stage
7. Rock's __ Lonely Boys
8. In the flesh
9. Ms. Hannah
10. Tarzan creator's monogram
11. Order! Halifax __ __, a National Historic Site of Canada
12. LA Kings player Mr. Kopitar
13. Soda sound
19. "East of Eden" (1955) brother
21. Smart letters
25. Singing technique
26. F's music equivalent, _ __
27. Lightweight wood
28. Font style
29. Arctic animal known as 'Nattiq' to the Inuit: 2 wds.
30. Spanish corner store
33. Joe __, What the Butler Saw! playwright
34. Make hair stand __ __
36. Montreal-born Marvel Comics superhero aka Jean-Paul Beaubier
37. Some undergarments
45. Cajun cooking ingredient
46. Slitherer
48. Ottawa-born actress Kelly
49. Russian monarchy founder
50. Vintage comic, __ Kett
51. Eye: French
54. Wheel shaft
55. Sales slip, shortly
56. Capital of Qatar
57. Tussle
59. __ Lanka
60. "Unbelievable" group

Friday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

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Friday's Sudoku

7	3	4	2	1	6	5	9	8
9	1	6	5	8	4	2	7	3
8	2	5	9	7	3	6	1	4
5	9	8	3	4	7	1	2	6
1	4	2	8	6	5	9	3	7
3	6	7	1	2	9	8	4	5
6	8	9	4	3	2	7	5	1
2	7	3	6	5	1	4	8	9
4	5	1	7	9	8	3	6	2

Open House

Meet faculty and students, explore labs and work spaces, and learn more about all that RRC has to offer!

Tuesday, February 17, 2015
12pm - 3pm | 5pm - 8pm

Wednesday, February 18, 2015
9am - 2pm

Notre Dame Campus
- Information displays for all RRC programs
- Open workspaces
- Campus tours
- Information sessions
- Meetings with instructors, academic advisors and support staff

Exchange District Campus
- Student residence tours
- Open workspaces
- Campus tours

Stevenson Campus
- Campus tours
- Meet with instructors and support staff

rrc.ca/openhouse

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